

WHAT IS PEACE

Peace can be defined in many ways. During war time, it seems to be a declaration of a cessation of military hostilities. A treaty is, a piece of paper, declaring peace.

Question: Can a piece of paper bring peace?

Answer: Only when both sides are depleted or have moved to non military approaches to further their ends.

It seems to me that true peace is an outer expression of an inner state of being, whether of an individual, community, nation or planet.

In order for a nation to experience peace, its citizens must be living peacefully. Therefore it is incumbent for those who desire peace, to simply be at peace.

Anti-War

I have learned that living peacefully is not the same as being anti-war.

No enlightened person would be pro-war. I cannot say that throughout history—all wars were avoidable.

There may be unavoidable reasons that an event such as a war could happen.

BUT—I have observed much discord within the energies of the anti-movements, including the anti-war movements

It seems there is something other than peace being promoted by these protesters at times.

If one wanted to demonstrate “for” peace—all one would have to do is demonstrate peace—a quiet, connected level of consciousness.

Quite different from protesting against war, which is a granted and necessary right in democratic countries.

Protesting serves a different purpose. It is to bring the attention of others who may not be aware. In that, opinion is influenced and democratic governments which are sensitive to opinion may be pressured to create policies that do not promote war.

One does not need to be at peace to demonstrate against war. In fact, those least at peace but most proficient at getting attention—may better serve this necessary process.

I have observed that after the Vietnam war ended, some of the most heavily self identified as peace protesters moved on to other protests, committed suicide, others seemed to be stuck in a time warp of that era.

Yes, to protest is a right, even a necessity to bring attention to mobilize opinion but peace, real peace on earth will only manifest when the energy of peacefulness is potent enough to entrain the energy of discord on a planetary level.

A question commonly asked is why things happen? The answers I received on reflection were the following:

1. Karma – On the simplest level, what went around came around
2. Dharma – On the simplest level, our chosen path.
3. The universe responding to our most deeply held belief (the Law of Attraction)
4. Angelic intervention

Karma

If the experience we have as victim is karmic in origin, do we have a right to hold judgment on those who helped balance our karma? Or should we simply forgive it?

Dharma

It seems to me there are times when we experience extremely unpleasant events that are simply part our chosen path. We may not know the path we have chosen consciously but our soul does and sometimes it holds us to this painful path.

If this is our soul's choice as part of its required growth stage, why should we hold anger towards those who in a sense contracted to play the abuser so that we would experience this growth?

Law of Attraction

This is really not different than karma but I separated the notion because karma is often associated with past life actions that impact our current lives, whereas the Law of Attraction is being promoted as law that works within our current lives as a an agent of change.

The example I often site is the following. If we attract one psycho boy/girl friend into our lives we might chalk that up as a mistake. If we attract a series of 10, one begins to wonder if we have a subconscious program running that attracts this type of relationship. That is the Law of Attraction at work.

It's hard to know when we aren't attracting negativity so it's best to simply forgive those who mirror our negativity that may be beyond our conscious awareness but reveals itself in the negative actions of others.

Angelic Intervention

We generally don't know when and how lucky we are or how much worse situations could have been if not for the spiritual flat tires invisibly gifted to us by spirit.

How to approach forgiveness.

Forgiveness can be understood as a multi level process. The final step of forgiveness is to forgive what never happened, but before we get there we need to take a few steps. This is explored in a document named The levels of forgiveness.

If one is the "victim" of what appears to be an attack and one wishes to no longer experience victimization, then there are some steps to take.

➤ Letting go of victimhood

Letting go of victimhood actually requires the participation of the abuser side in the process at least symbolically. At this level, karma is still a force that will keep the sides from coming to closure.

For those identifying as victim.

➤ Forgiveness of the abuser

For those identifying as abuser

- Acknowledgment
- Apology
- Admittance of Responsibility
- Forgiveness of Self

This form of forgiveness is the most basic form of forgiveness but it is certainly a big step for people who have experienced a serious trauma.

As people grow in their awareness they may move into deeper levels of understanding surrounding the concept of forgiveness. A big step is learning that because we are all connected, that the forgiveness we give to another is simply a reflection of the forgiveness we give to ourselves

A still deeper understanding is that we assign value to things based on values that may not be aligned with the highest values. Those values are usually grounded in the ego. It is our ego that feels the victim rather than our higher selves. When we begin operating from our higher selves we identify more with spirit. We are less apt to identify set backs as losses.

The highest level of forgiveness is Buddhistic in nature. It recognizes that losing something in a dream amounts to losing nothing at all.

But we must all learn to walk before we can run. Therefore we can use linear time to work through the levels of forgiveness.

The levels of forgiveness can be divided into 6 levels.

The call for Justice
I forgive you for what you did to me for my sake.
I forgive you for what you did to me for your sake
I forgive you for what you did to me for our sake
I forgive you for what you did to me for God's sake
I forgive you for what you did to me because what happens in dreams never really happened and doesn't amount to anything.

These levels represent more spiritually elevated viewpoints with regards to perception of 3rd dimensional reality.

Perhaps one day we can use the principles of forgiveness in establishing peace on our planet.