

Reincarnation and the Evolution of Consciousness

It seems to me that there is evidence that we are undergoing some sort of shift. This shift seems to be happening at all levels of existence.

I perceive, my perception seems to be mitigated by various factors. My level of consciousness seems to be the main factor in how I view events and interpret events.

How does consciousness shift? It seems to me that is through a process of growth.

To me it's much like a shedding process, we see in the animal kingdom.

What are we growing through?

To me it is a journey in time through truth. The truth about who we are. A journey from the relative through the universal and to the absolute. Some call this self mastery, ascension, enlightenment etc.

What is it that we shed? Old ideas about ourselves. Through a self loving process of letting go called forgiveness.

Living in the now is great. I don't think we have much choice about. In reality it is where we live anyway.

What part of us does not live in the now? It seems to me it is the part that is stuck in the past or focused on the future.

How do we get that part unstuck from the past? By "nowing" it. We bring it into the present and heal it. (Forgive it)

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Who are we?

I think who we are relatively speaking, is a group which is shaped by what we agreed to be collectively on this dimension. For this reason we have been drawn together at this particular moment in time.

The process of enlightenment suggests that we will reach a point in our growth process in which we overcome the need to reincarnate. I guess the point I am trying to make is that we did not come together simply for our own individual ascension process, but for humanity's.

Because we all volunteered to be in this service, we need to work at a level that humanity can relate to.

It seems very relevant to me that reincarnation be presented in a way or ways that aids humanity's growth process.

Understanding reincarnation and other esoteric concepts, such as the path of initiation, leads us to a more profound understanding the depths of individual, group and planetary karma and dharma

It is my understanding that we made a commitment. Each of us has a part to play in that commitment. Reflecting, not dwelling but coming to terms with the past is an important part of our growth individually and collectively. Knowing about reincarnation is part of that process. Used properly i.e.) forgiving the past, it can be a big help to move ourselves and the planet forward.